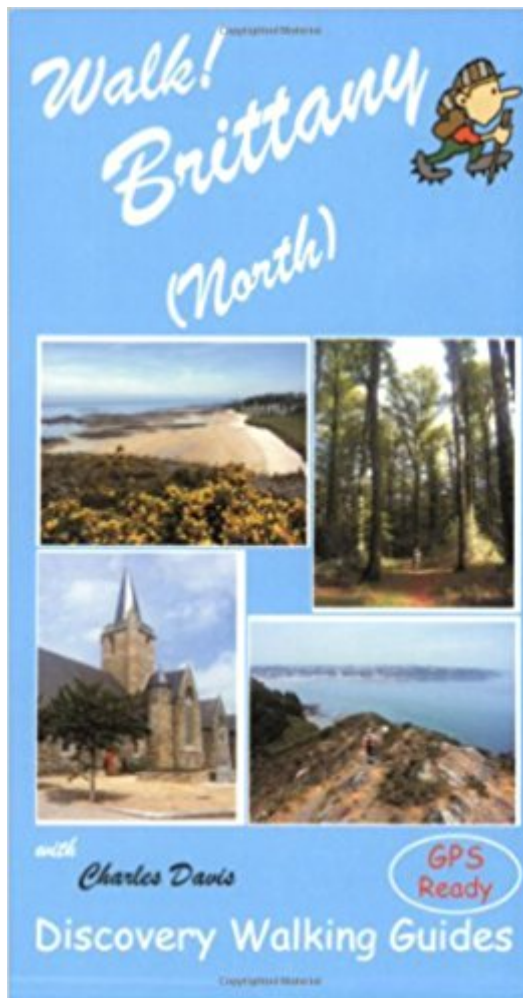


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# Walk! Brittany (North)



## Synopsis

Whether traversing wild, untenanted moorland or roaming across bucolic countryside, whether discovering an orchid-lined pilgrim's way or exploring a fairy tale trail winding through ancient woodland, whether strolling alongside an idyllic trout stream or scrambling across a cataract of rocks, whether burrowing along a bowery path flanked by mossy embankments or following the airy contours of the spectacular coastal path, whether weaving between delicately sculpted dunes or wandering across the flat sands of the tideland, whether gazing at the wide blue horizon from a wind battered headland or simply lounging about taking a break on a breathtakingly beautiful beach, visitors to Brittany soon realise it is a perfect place for getting away from it all. Boasting more than 3,000 kilometres of waymarked paths, a tourist infrastructure that is highly developed without being obtrusive, and regular budget flights, the region has all you need for a long-weekend away or a full walking holiday. Aimed at both the casual visitor and the long-term resident, this book details the extraordinary variety of walking in Brittany, from easy strolls to challenging long-distance outings, featuring forty itineraries in Finistere, Cotes d Armor, and Ille et Vilaine. Walking routes include: walking route summary; ratings for Effort, Time, Distance, Ascents/Descents, Refreshments and Vertigo-risk; fully detailed walking description, including frequent timings to aid navigation and check your progress; GPS waypoints at every key point on every route; full colour 1:25,000 scale IGN licensed mapping for each route; short walk and stroll alternatives

## Book Information

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## Customer Reviews

Great walks well presented, 15 Aug 2008 Charles Davis is a consummate guide, by turns

informative, thoughtful , entertaining and idiosyncratic. The book is well laid out, with clear maps and consistently good directions which make it easy to follow, just as you would expect. What sets it apart however is Davis' style and approach, there's variety in his walks and an attention to detail that shows he wants you to enjoy them as much as he seems to himself. Not only did we have some memorable walks, along wind-swept coasts and through tranquil forests but we also saw a side of Brittany we might otherwise have missed. We'll be back, with 40 walks to choose from there's a few more we'd like to do and Brittany is fine walking country. By HarryT - UK Hadn't realized quite how spectacular the Breton coast is until we took a short trip there earlier this summer and were lucky enough to pick up Charles Davis' book in the local supermarket - a bit dearer than on , of course, but there you go! We did three coastal walks in Finistere and Cotes d'Armor, and two inland walks in Finistere, all of which were excellent. He writes well, the introductions are informative, and the itineraries are clearly described. The only quibble I'd have is that three of the five walks we did were so well waymarked you didn't really need a detailed description. But that's a quibble since, if it hadn't been for this book, we wouldn't have known where to go in the first place! Anyway, the experience was good enough for us to start planning a winter break in Brittany to do some more walking P R Spooner (Sant Cugat, Barcelona Spain)

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